



Northern York County School District

Northern York County School District
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Dr. Eric Eshbach - Superintendent
Mr. Jason Beals - Assistant Superintendent

March 31, 2020

Dear NYCSD Families,

Our #TeamNORTHERN continues to rally during this extraordinary time. Elementary staff, specialists, coaches and administrators spent Monday in spirited collaboration focused on creating a consistent hands-on resource for our Northern York students.

For each of the next two weeks, March 30 – April 14, families will receive activity options via our Polar Pride Choice Board geared to different grade levels. It is important to note that this will be the sole activity resource provided to our families during this enrichment window. We are asking our teaching staff to refrain from providing families with additional assignments or direct instruction during this enrichment period. This comes in our effort to ensure consistent, equitable experiences for all our students. Our teachers will continue to check in and connect with students through their usual means of communication, seeking to spark their curiosity and encourage their sharing around the choice board selections they have made.

Our #TeamNorthern's Polar Pride Choice Boards will be posted to our school websites for families to have access to any grade level desired. These activities offer primarily packet free, technology free options.

As we move forward, please know that we will continue to communicate our next steps as we navigate beyond April 14. We dearly appreciate your support and encouragement. Yet, more so, we are deeply heartened by the incredible partnership between your home and ours.

With our very best wishes your way,

Your NYCSD Elementary Principals

Team Northern's Polar Pride Choice Board		Grade 4 Week of 3/30/20		Choose at least 10 activities. Complete at least one under each letter.
P	R	I	D	E
Reading	Math	Writing	Content	Special
Choose your favorite book and design a new front cover, including graphics and title.	Make up a ten-digit cell phone number. Write the number in expanded, standard, and word form.	Describe yourself in twenty years. What have you accomplished? What goals have you achieved?	Science - Earth Day is coming! Create a poster that shows different ways to Reduce, Reuse and Recycle items.	Phys Ed - Create an indoor or outdoor obstacle course using supplies from around your house.
Visit https://classroommagazines.scholastic.com/support/learnathome/grades-3-5-week-3.html Choose a journey article from Week 3. Reflect on your favorite part of the journey (What was your favorite activity? What did you learn? What new questions do you have?)	Draw 5 clock faces. Divide a face into halves, thirds, fourths, sixths, and twelfths. Tell how many minutes there are in 1/2 hour, 1/3 hour, 1/4 hour, 1/6 hour, and 1/12 hour.	Write a letter to a friend to convince them Earth Day is the best holiday ever.	Social Studies- Suppose you are a pioneer in Western Pennsylvania in 1740. Write a letter to a friend in your hometown in Europe describing your new life. Provide at least 3 facts about your new life.	Music - Draw your own music staff (5 lines). See how many words you can make using the letters A-G. Draw the notes for the letters in your words using the staff lines and spaces. Write each letter under the note.
Create a timeline of events from your book. Include important dates, character introductions, conflicts and resolutions. Include images to illustrate each written event.	Draw a number line. Place 8 fractions and 8 decimals on it in the proper locations.	Choose a character from a favorite chapter book. Write a journal entry as if you are the character describing a challenge and a possible solution.	Science - With permission from an adult look around outside for examples of weathering and erosion. Draw a picture and write a few sentences about how you think the weathering/ erosion happened.	Art - Create a landscape—it can be realistic or fantasy-based. You can use whatever materials you have available to you—drawing materials, sculpture materials, whatever!
If you could have lunch with your favorite book character who would it be, and why? Develop 10 interview questions you would ask them. You can answer the questions too!	Choose a food out of your cabinet, divide the number of calories by the serving size on the label.	Create a new sandwich with a special name! Write down the steps for how to create this special treat. Make it extra-special by adding a surprise ingredient (tortilla chips? cereal?)	Social Studies - Citizenship: What can you do to be a good member of your home and community? Make a list of 10 solutions	Library - Story Endings and Predictions: Choose a book to read. Did you expect the ending? How did your prediction differ from the author's ending? Create a different ending to your story!
Choose your favorite book and draw a comic strip showing the events of the story (or a single chapter) in order.	Roll a die to create 2 two-digit numbers. Then multiply the numbers together using any method you'd like.	Write a 5 senses poem about spring. Spring looks like... Spring sounds like... Spring feels like... Spring tastes like... Spring smells like...	Science - Find or create a sloped surface in your house. Roll two balls down the ramp to see which one goes faster or further. Make a prediction each time.	Discovery - Draw and label a map of your house. Pick out three items in your house and label them a need or a want. Describe why it is a need or want.

Choose some activities for healthy habits!

P	R	I	D	E
<u>Mindfulness</u> Grounding Technique 5 Things you can see 4 Things you can feel 3 Things you can hear 2 Things you can smell 1 Thing you can taste	<u>Kindness</u> Write a letter of appreciation to family member or friend and include your reason for valuing him/her.	<u>Coping Skills</u> Create a Calm Down Card: Identify 3 strategies that help you calm down when feeling upset. Examples: Soup Breathing, Happy Thought, Journaling, Exercise	<u>Social Skills</u> Building Friendships Visit NED Show website and watch the video titled Friendship Soup. https://www.thenedshows.com/resources/classroom-videos-and-lessons Create your own Friendship recipe card.	<u>Kindness</u> Practice Positive Self-Talk with Power Phrases. Brainstorm positive words that can help you be successful. e.g. "I got this!", "I am a valuable person!"
<u>Coping Skills</u> Help yourself stay in control by setting daily goals To set a daily goal, ask yourself "What do I want to achieve?". Think about... *How can I reach my goal? *Who can help me reach my goal? *What steps do I need to take to reach my goal?	<u>Kindness</u> Share Compliments: Give 3 compliments to 3 family members or friends.	<u>Coping Skills</u> Organization can help us to feel calm and in control. A great organization tool is a daily schedule or calendar. Think about your daily schedule and create a plan for your day. Follow your schedule through the day.	<u>Kindness</u> Self-Care Activity: Participate in a physical activity that helps you improve your physical and mental health. Examples: take a walk, sweep a sidewalk/driveway, clean room	<u>Mindfulness</u> Body scans can help calm on a hectic day or bring peace at bedtime. Try this body scan to help quiet your body. https://www.mindfulness.org/body-scan-kids/

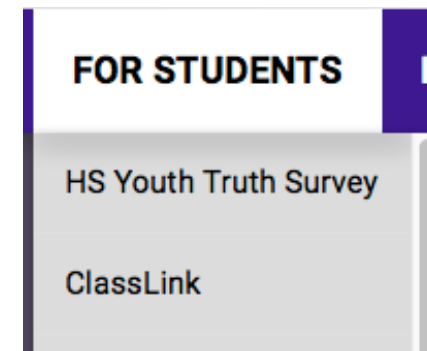
Additional healthy habits!

Wrap up like a taco in a heavy blanket!	Build a couch cushion hide-out!	Help your parents with the dishes!	String Pasta and make a necklace	Work on a puzzle with your family.
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How can we use NYCSD technology at home?



1. In a web browser, go to www.northernpolarbears.com, select For Students and then ClassLink.



2. Select Sign in with Google.

3. Your student's Google Account is the first letter of their first name, full last name, with the number:

5th grade: 227

2nd grade: 230

4th grade: 228

1st grade: 231

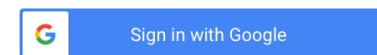
3rd grade: 229

Kindergarten: 232

Add @northernpolarbears.com to the end



Northern York CSD



John Smith, a fifth grader, would be:
jsmith227@northernpolarbears.com

More on other side...

**4. Your student's password is their student ID/
lunch number with pb added to the end.**

For example: 123456pb

To continue, first verify it's you

Enter your password

[Forgot password?](#)

Next

5. You are in ClassLink! Check out the apps available! Apps can vary based on age and grade. Connect with your student's teacher about apps that are used in the classroom!

