

High School Lunch Menu



Regular Lunch \$3.25
Milk \$0.50



Reduced Lunch ~~\$0.40~~ FREE

Adult \$4.50

Daily milk choices include non-fat (flavored and unflavored) or 1 % milk (unflavored). --- Whole Grain = WG



Monday Tuesday Wednesday Thursday Friday

 		<p>1 Spaghetti w/ Meat Sauce Buttered Bread Steamed Broccoli Blue Raspberry-Lemon Ice</p>	<p>2 Warm Turkey, Cheddar and Bacon Wrap Dill Carrots Asst. Fruit</p>	<p>3 Stuffed Crust Pizza Tossed Italian Salad Fresh Orange</p>
<p>6 Sloppy Joe on Roll Baked Curly Fries Warm Apple Slices</p>	<p>7 Italian Chicken Griller Parmesan Roasted Broccoli Mixed Fruit</p>	<p>8 Grilled Cheese Tomato Soup Peach Cup</p>	<p>9 Chicken Quesadilla Fiesta Beans Pear</p>	<p>10 Big Daddy's Pizza Tossed Italian Salad Fresh Apple</p>
<p>13 Chicken Taco Salad w/ Lettuce, Tomato and Chs. Refried Beans Strawberry Cup</p>	<p>14 Busketti Honey Roasted Carrots Tropical Fruit Cup</p>	<p>15 Cheeseburger Baked French Fries Mandarin Oranges</p>	<p>16 Hot Dog on Roll California Blend Veggies Peach Cup</p>	<p>17 French Bread Pizza Fresh Broccoli w/ Dip Applesauce</p>
<p>20 Beef and Cheddar Melt Fresh Carrots w/ Dip Mixed Berry Cup</p>	<p>21 Chicken and Veg Dumplings Oriental Blend Veggies Apple Slices</p>	<p>22 BBQ Rib Sandwich Baked Beans Pineapple Tidbits</p>	<p>23 Pancakes Sausage Patty Emoji Fries Applesauce</p>	<p>24 Pizza Sticks w/ Dip Tossed Italian Salad Fresh Orange</p>
<p>27 </p>	<p>28 Chicken Patty Roasted Ranch Potatoes Mixed Fruit</p>	<p>29 Chef's Choice Pizza Chef's Choice Veggies Peaches</p>	<p>30  Early Dismissal - No Lunch</p>	<p>31 *Menu Subject to Change</p>

"Regular" Meal Information:

To receive a complete meal for the Paid price of \$3.25, Reduced Price of \$0.40, or for Free you must choose at least 3 of the 5 components of a "Regular Lunch" :

- * Grain
- * Meat or Meat Alt.
- * Fruit or Fruit Juice
- * Vegetable
- * Milk

Students may take all 5 components if they choose!!

Federal Regulations require that at least one of the component choices must be a fruit or vegetable.

Congratulations to the Class of 2024

