

FINE MOTOR, VISUAL MOTOR, SELF REGULATION, AND SELF-HELP STRATEGIES

CREDIT - OT MOM LEARNING ACTIVITIES

<https://www.ot-mom-learning-activities.com/hand-exercises-for-kids.html>

<https://www.ot-mom-learning-activities.com/playdough-activities.html>

<https://www.ot-mom-learning-activities.com/fine-motor-activities.html>

<https://www.ot-mom-learning-activities.com/visual-motor-integration-activities.html>

<https://www.ot-mom-learning-activities.com/gross-motor-activities.html>

<https://www.ot-mom-learning-activities.com/cutting-activities.html>

CREDIT - INSPIRED TREEHOUSE

<https://theinspiredtreehouse.com/activities-index/>

<https://theinspiredtreehouse.com/activities-for-kids-movement-breaks-to-help-kids-stay-alert-and-focused/>

<https://theinspiredtreehouse.com/visual-schedule/>

<https://theinspiredtreehouse.com/paying-attention-30-sensory-strategies/>

CREDIT - OT TOOLBOX

<https://www.theottoolbox.com/shoe-tying-tips-and-tools-for-kids/>

<https://www.theottoolbox.com/teach-kids-how-to-use-zipper/>

<https://www.theottoolbox.com/cooking-with-kids/>

<https://www.theottoolbox.com/organization-activities/>

<https://www.theottoolbox.com/outdoor-recess-sensory-diet-activities/>

<https://www.theottoolbox.com/indoor-play/>