

Middle School
Lunch Menu

April 2024

Regular Lunch \$3.00
Milk \$0.50

Reduced Lunch ~~\$0.40~~ FREE

Adult \$4.50

Daily milk choices include non-fat (flavored and unflavored) or
1 % milk (unflavored). --- Whole Grain = WG



Monday

Tuesday

Wednesday

Thursday

Friday

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|---|---|--|--|--|
| <p>1</p> <p>No School</p> | <p>2</p> <p>BBQ Rib Sandwich Fiesta Beans Peaches</p> | <p>3</p> <p>Stromboli PA Blend Veggies Applesauce</p> | <p>4</p> <p>Chicken Rotini Alfredo Steamed Broccoli Asst. Fruit</p> | <p>5</p> <p>French Bread Pizza Carrot Sticks w/ Dip Fresh Orange</p> |
| <p>8</p> <p>Chicken Cordon Bleu Sand. Honey Roasted Carrots Mixed Fruit</p> | <p>9</p> <p>Walking Taco w/ Lettuce and Cheese Refried Beans Mandarin Oranges</p> | <p>10</p> <p>Sausage, Egg and Cheese Breakfast Sandwich Smiley Fries Pears</p> | <p>11</p> <p>Ravioli Green Beans Strawberry Fruit Gel</p> | <p>12</p> <p>Go For The Greens" Pizza Sticks w/ Dip Tossed Italian Salad Fresh Apple</p> |
| <p>15</p> <p>In-Service</p> <p>No School</p> | <p>16</p> <p>Popcorn Chicken Baked Beans Sour Cherry Lemon Ice</p> | <p>17</p> <p>Pierogies Autumn Blend Veggies Asst. Fruit</p> | <p>18</p> <p>Meatloaf Mashed Potatoes Steamed Carrots Peach Cup</p> | <p>19</p> <p>Deep Dish Pizza Fresh Broccoli w/ Dip Mixed Berry Applesauce</p> |
| <p>22</p> <p>Earth Day 2024</p> <p>Northern Polar Mac Parmesan Carrot Fries Pears</p> | <p>23</p> <p>Mac -n- Cheese Stewed Tomatoes Mixed Veggies Tropical Fruit Cup</p> | <p>24</p> <p>BBQ Chicken Wrap Ranchero Beans Pineapple Tidbits</p> | <p>25</p> <p>French Toast Sticks Sausage Patty Hashbrown Patty Mixed Berry Cup</p> | <p>26</p> <p>Mickey's Pizza Tossed Italian Salad Fresh Apple</p> |
| <p>29</p> <p>Nacho Dippy Dips Refried Beans Chilled Fruit</p> | <p>30</p> <p>Steakum w./ Cheese Roasted Ranch Potatoes Mixed Fruit</p> | | | |

"Regular"
Meal
Information:

To receive a
complete meal for
the Paid price of
\$3.00, Reduced Price
of
\$0.40, or for Free you
must choose at least
3 of the 5
components of a
"Regular Lunch" :

- * Grain
- * Meat or Meat Alt.
- * Fruit or Fruit Juice
- * Vegetable
- * Milk

Students may take all
5 components if they
choose!!

Federal Regulations
require that at least
one of the
component
choices must be a
fruit or vegetable.



April Showers Bring May Flowers

