

# PICKLEBALL

## STUDY GUIDE

PICKLE-BALL was created during the summer of 1965 in Seattle, WA. The original purpose of the game was to provide a sport for the entire family to enjoy according the co-inventors U.S. Congressman Joel Pritchard, William Bell, and Barney McCallum. Families can play in their driveway. (away from traffic, of course).

The name came from co-inventor, Joel Pritchard. The family cocker spaniel, named “Pickles” kept running off with the loose balls during the games. Thus Pickles-ball, became **Pickle-Ball**

Since the 1970’s, Pickle-Ball has grown & expanded from a family game to a net court sport with formalized rules that can be modified based on the participants. Pickleball is currently being played in thousands of school physical education programs, parks and rec. centers, senior citizen programs, athletic clubs, correctional centers, and corporate fitness centers.

“The skills utilized in Pickle-ball are a great way to introduce the lead-up skill of tennis.”

“The name relation to pickles, just make all the more intriguing and fun for the kids.”

### BASIC SKILL SHOTS

- A. Underhand Serve
- B. Underhand Hit
- C. Forehand Hit [Paddle –Hand Side]
- D. Backhand Hit [Bare-hand Side]

### GAME RULES AND SCORING

- A. Games can be played to 5.
- B. Must be serving to score. Serve always done from a corner. Serving diagonal to opponent.
- C. All serves must be underhand or below waist
- D. Each team must let ball bounce 1 time after serve before hitting. Alternate corners as points are served.
- E. Same person will continue to serve until he/she loses serve.
- F. If receiving team wins rally, they will serve. (player already in proper corner will serve)
- G If ball lands on boundary line, it considered in and counts.