

# Today I am feeling journal

Date:



**JOYFUL**



**ANGRY**



**DISGUSTED**



**FEARFUL**



**SAD**

Draw it here!

Because

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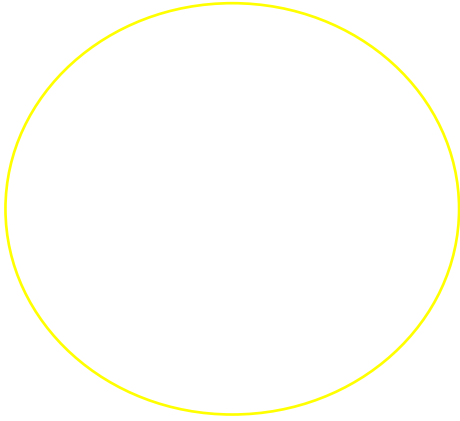
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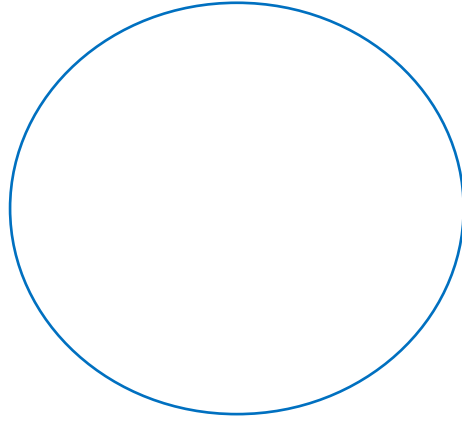
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Draw a memory for each emotion in the memory sphere.

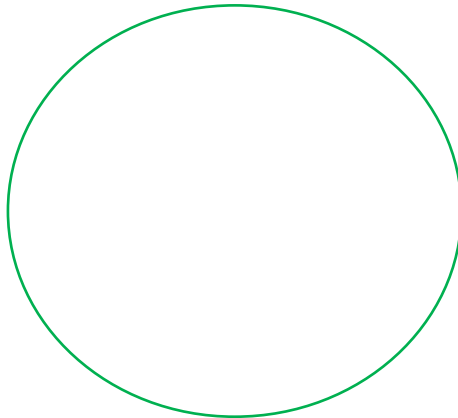
JOY



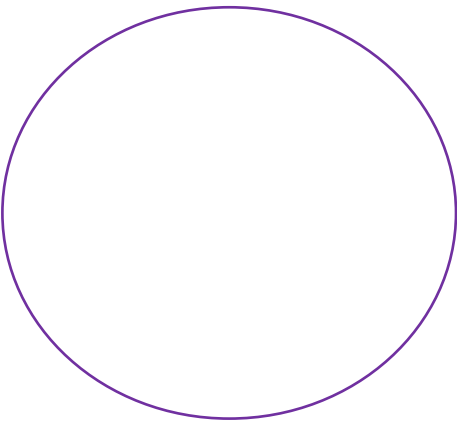
SADNESS



DISGUST



FEAR



ANGER

