

MY WORRY JAR

Write your anxious thoughts and worries on the jar so that you can get them off of your mind.



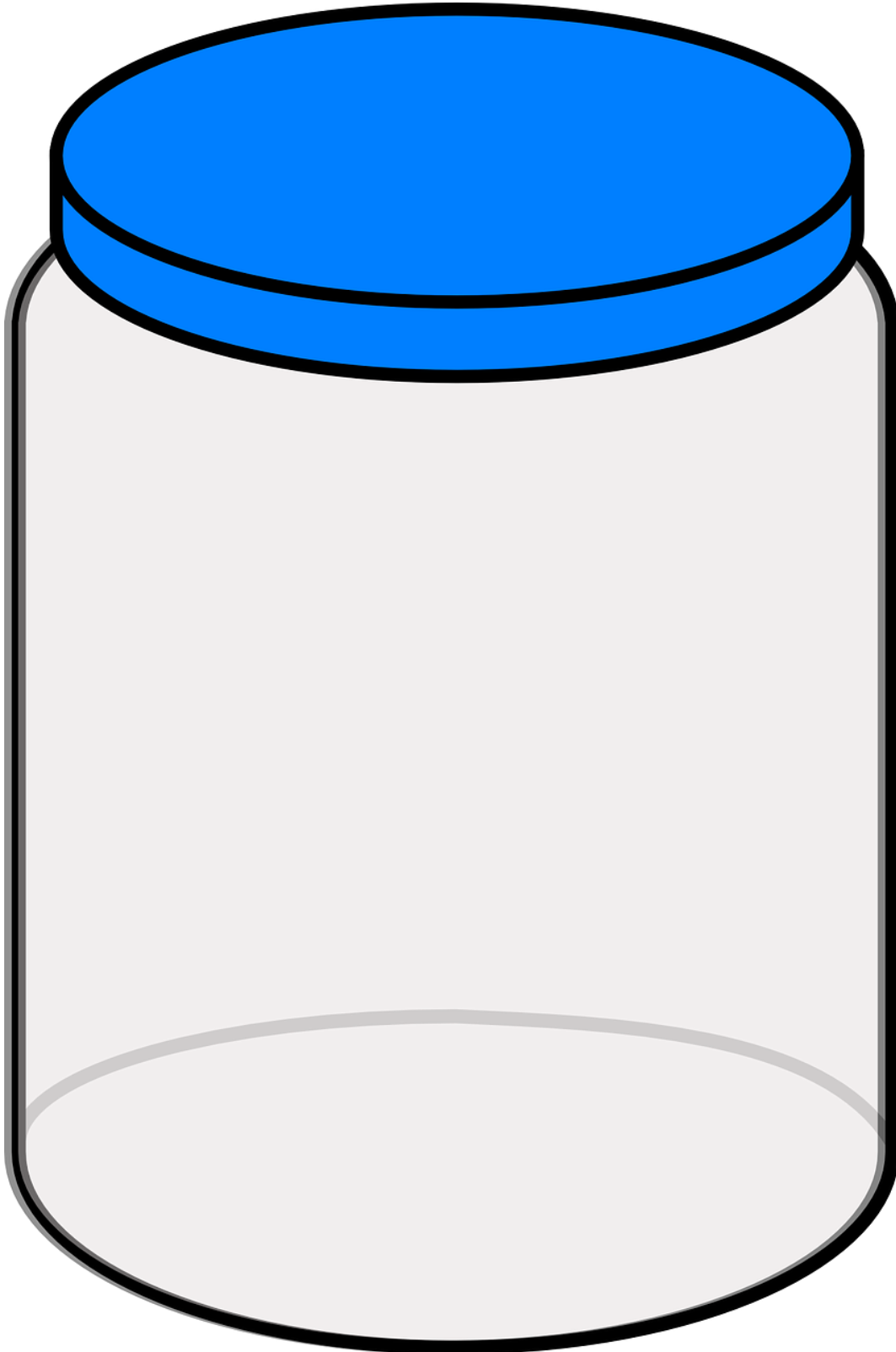
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