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| **French toast from allrecipes.com**  **INGREDIENTS:**   |  |  | | --- | --- | | 6 thick slices bread  2 eggs  2/3 cup milk  1/4 teaspoon ground cinnamon (optional) | 1/4 teaspoon ground nutmeg (optional)  1 teaspoon vanilla extract (optional) |   **DIRECTIONS:**   |  |  | | --- | --- | | **1.** | Beat together egg, milk, salt, desired spices and vanilla. | | **2.** | Heat a lightly oiled griddle over medium-high heat. | | **3.** | Dunk each slice of bread in egg mixture, soaking both sides. Place on griddle and cook on both sides until golden. Serve hot. | | **French toast from allrecipes.com**  **INGREDIENTS:**   |  |  | | --- | --- | | 6 thick slices bread  2 eggs  2/3 cup milk  1/4 teaspoon ground cinnamon (optional) | 1/4 teaspoon ground nutmeg (optional)  1 teaspoon vanilla extract (optional) |   **DIRECTIONS:**   |  |  | | --- | --- | | **1.** | Beat together egg, milk, salt, desired spices and vanilla. | | **2.** | Heat a lightly oiled griddle over medium-high heat. | | **3.** | Dunk each slice of bread in egg mixture, soaking both sides. Place on griddle and cook on both sides until golden. Serve hot. | |
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