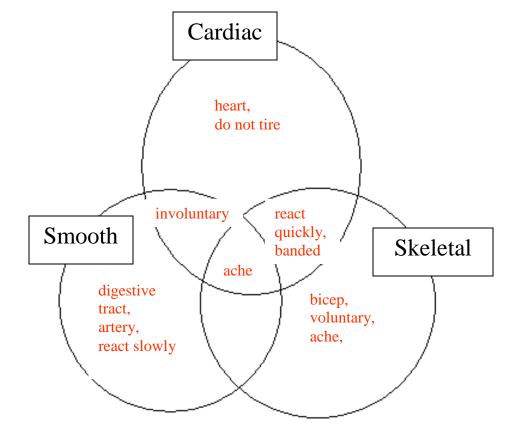
- 1) Purpose of the muscular system Movement of the parts of the body, blood, and food particles
- 2) Three types of muscle tissue
 - a) _Smooth_
 - b) _Cardiac_
 - c) _Skeletal_
- 3) Add the following words to the Venn diagram on the right
 - i) heart, digestive tract, bicep, artery, voluntary, involuntary, ache, do not tire, banded, react quickly, react slowly.
- 4) Action of muscles
 - a) Muscles work in pairs.
 One contracts while the other relaxes. To do the opposite movement, the opposite muscle contracts while the other one relaxes.
 - i) Example-

__Bicep and Tricep__



b) In order for a muscle to be used, a message from the brain must be delivered to a nerve connected to the muscle.