

**Palmyra at Northern - 1/8/2016**  
**Seeking Excellence Together**  
**GO BEARS!!!**  
**Results**

**Event 1 Girls 200 Yard Medley Relay**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
1 Palmyra Area High School 1) Kate Hess SO 30.38 32.19 28.23	A 2) Ellie Keck FR 26.07	1:56.87 4) Maddie Wolfe FR
2 Northern High School 1) Larissa MacDougall JR 31.04 33.51 29.93	A 2) Nicole Andrews FR 27.12	2:01.60 4) Katelyn Boyce FR
3 Palmyra Area High School 1) Shealyn Trostle FR 31.43 34.48 29.98	B 2) Katie Keck JR 30.14	2:06.03 4) Kaci Wasilewski JR
4 Northern High School 1) Lauren Eby FR 32.44 39.76 32.08	B 2) Caitlin Tern SO 29.04	2:13.32 4) Morgan Starliper SO
5 Palmyra Area High School 1) Alyssa Glotfelty FR 36.82 42.97 40.20	C 2) Kelsey Sanborn FR 27.48	x2:27.47 4) Courtney Saylor FR
6 Northern High School 1) Kelsey Reyes SR 38.55 47.90 35.39	C 2) Brooke Haines SO 35.17	x2:37.01 4) Morgan Shanahan SO

**Event 2 Boys 200 Yard Medley Relay**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
1 Palmyra Area High School 1) Nick Mosby FR 31.41 30.99 31.07	A 2) Austin Durand FR 16.49	1:49.96 4) Teag Culver JR
2 Northern High School 1) T J Archuleta SO 30.66 30.28 26.34	A 2) Ethan Spencer JR 24.54	1:51.82 4) Levi Basom JR
3 Palmyra Area High School 1) Jarod Klinefelter SO 30.27 34.75 29.95	B 2) Nick Bova FR 27.66	2:02.63 4) Spencer Cassel FR
4 Northern High School 1) Zach Chavey FR 31.50 37.89 30.20	B 2) Blake Rondon JR 28.63	2:08.22 4) Ben Graham FR
5 Palmyra Area High School 1) Graham Rhoades FR 38.75 38.22 30.52	C 2) Brock Culver SR 31.73	x2:19.22 4) Kevin Cole JR
--- Northern High School 1) Jason Langland SO 43.46 39.31 1:10.45	C 2) Dustin Hyde SO 34.10	DQ 4) James Chopka JR

**Event 3 Girls 200 Yard Freestyle**

<b>Name</b>	<b>Yr School</b>	<b>Finals Time</b>
1 Becca Luft 28.47 30.64 31.50	SR Northern High School 31.32	2:01.93
2 Samantha St. Clair 28.27 31.26 32.03	FR Palmyra Area High School 30.48	2:02.04
3 Rachel Eby 28.61 32.05 33.83	JR Northern High School 32.93	2:07.42
4 Karly Bruce 29.07 31.59 33.67	FR Palmyra Area High School 33.80	2:08.13
5 Katie Keck 31.55 35.38 38.11	JR Palmyra Area High School 37.85	2:22.89

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**(Event 3 Girls 200 Yard Freestyle)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
6 Abbie Burkholder 34.78 38.93 40.79	JR	Northern High School	2:34.46
	39.96		

**Event 4 Boys 200 Yard Freestyle**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1 Teag Culver 25.68 28.26 30.05	JR	Palmyra Area High School	1:53.12
	29.13		
2 Joey Giordano 26.79 32.00 35.03	JR	Palmyra Area High School	2:07.57
	33.75		
3 Nick Catalano 29.40 33.02 34.46	FR	Northern High School	2:10.57
	33.69		
4 Nate Breon 29.80 34.31 36.23	JR	Northern High School	2:14.44
	34.10		
5 Jonathan Cottingham 30.68 34.12 35.65	FR	Palmyra Area High School	2:15.11
	34.66		
6 Cam Albert 31.48 36.24 39.51	JR	Northern High School	2:26.32
	39.09		

**Event 5 Girls 200 Yard IM**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1 Ellie Keck 28.94 39.16 39.70	FR	Palmyra Area High School	2:20.11
	32.31		
2 Abbey Hess 29.74 36.22 43.71	SO	Palmyra Area High School	2:22.43
	32.76		
3 Katelyn Boyce 31.50 35.75 42.73	FR	Northern High School	2:22.45
	32.47		
4 Larissa MacDougall 32.72 36.24 46.63	JR	Northern High School	2:29.58
	33.99		
5 Emily Bliemeister 31.20 40.21 45.53	JR	Palmyra Area High School	2:32.29
	35.35		
6 Mary Secord 34.53 39.94 51.53	FR	Northern High School	2:41.70
	35.70		

**Event 6 Boys 200 Yard IM**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1 Jarod Klinefelter 28.96 35.23 43.56	SO	Palmyra Area High School	2:20.74
	32.99		
2 Ryan James 28.02 36.08 45.69	FR	Palmyra Area High School	2:22.24
	32.45		
3 Austin Durand 30.40 36.36 44.81	FR	Palmyra Area High School	2:24.95
	33.38		
4 T J Archuleta 31.61 36.85 50.17	SO	Northern High School	2:31.29
	32.66		
5 Levi Basom 33.20 41.12 43.23	JR	Northern High School	2:32.16
	34.61		
6 Chris Nase 32.41 42.97 52.67	JR	Northern High School	2:49.00
	40.95		

**Event 7 Girls 50 Yard Freestyle**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1 Caitlynn Weeden	SR	Northern High School	25.91
2 Maddie Wolfe	FR	Palmyra Area High School	26.32

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	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
3	Alexa Byers	JR	Northern High School	27.27
4	Nicole Andrews	FR	Northern High School	27.39
5	Becky Giordano	FR	Palmyra Area High School	27.55
6	Hannah Strayer	FR	Palmyra Area High School	29.48

**Event 8 Boys 50 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Tanner Yaw	JR	Palmyra Area High School	23.40
2	Ethan Spencer	JR	Northern High School	24.83
3	Josh Shoemaker	JR	Palmyra Area High School	24.92
4	Seth Hawkins	JR	Northern High School	25.11
5	Brandon Charochak	SR	Palmyra Area High School	26.79
6	Luke Baechtler	JR	Northern High School	35.05

**Event 9 Girls 1 mtr Diving**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>
1	Brady Hentz	SO	Northern High School	132.25
2	Maddie Wareham	SO	Northern High School	115.60

**Event 10 Boys 1 mtr Diving**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Score</b>
1	Kolby Saur	SO	Northern High School	144.75

**Event 11 Girls 100 Yard Butterfly**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Becca Luft	SR	Northern High School	59.75
	27.61 32.14			
2	Ellie Keck	FR	Palmyra Area High School	1:03.03
	28.75 34.28			
3	Abbey Hess	SO	Palmyra Area High School	1:06.97
	31.87 35.10			
4	Emily Bliemeister	JR	Palmyra Area High School	1:07.07
	31.50 35.57			
5	Libby Gingrich	SR	Northern High School	1:10.01
	31.51 38.50			
6	Mary Secord	FR	Northern High School	1:18.97
	36.90 42.07			

**Event 12 Boys 100 Yard Butterfly**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Tanner Yaw	JR	Palmyra Area High School	56.57
	25.97 30.60			
2	Ryan James	FR	Palmyra Area High School	1:00.43
	27.90 32.53			
3	Seth Hawkins	JR	Northern High School	1:03.37
	28.63 34.74			
4	Ethan Spencer	JR	Northern High School	1:04.17
	29.94 34.23			
5	Nick Mosby	FR	Palmyra Area High School	1:06.16
	29.55 36.61			
6	Nate Breon	JR	Northern High School	1:08.14
	31.42 36.72			

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**Event 13 Girls 100 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Rachel Eby 27.86 30.06	JR	Northern High School	57.92
2	Shealyn Trostle 27.75 30.42	FR	Palmyra Area High School	58.17
3	Maddie Wolfe 28.07 31.02	FR	Palmyra Area High School	59.09
4	Becky Giordano 29.40 31.73	FR	Palmyra Area High School	1:01.13
5	Alexa Byers 29.26 33.17	JR	Northern High School	1:02.43
6	Morgan Starliper 30.35 32.93	SO	Northern High School	1:03.28

**Event 14 Boys 100 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Joshua Wakefield 24.72 26.49	JR	Palmyra Area High School	51.21
2	Joey Giordano 25.62 28.60	JR	Palmyra Area High School	54.22
3	T J Archuleta 28.92 31.19	SO	Northern High School	1:00.11
4	Brock Culver 29.96 32.51	SR	Palmyra Area High School	1:02.47
5	Chris Nase 30.50 34.09	JR	Northern High School	1:04.59
6	James Chopka 31.42 35.78	JR	Northern High School	1:07.20

**Event 15 Girls 500 Yard Freestyle**

	<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1	Samantha St. Clair 28.97 32.95 34.06 33.24 30.65	FR	Palmyra Area High School	5:28.95
2	Caitlynn Weeden 30.43 32.73 34.14 33.23 31.44	SR	Northern High School	5:30.20
3	Kate Hess 30.40 32.96 34.54 36.78 33.41	SO	Palmyra Area High School	5:44.87
4	Karly Bruce 30.94 34.19 35.16 34.89 34.33	FR	Palmyra Area High School	5:46.69
5	Lauren Eby 32.65 35.92 38.01 37.68 36.09	FR	Northern High School	6:10.88
6	Kelsey Reyes 34.84 38.92 40.24 41.32 39.60	SR	Northern High School	6:44.42

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**Event 16 Boys 500 Yard Freestyle**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1 Teag Culver	JR	Palmyra Area High School	4:55.21
25.76 28.93 30.40 29.84 27.95	30.63 30.62 30.43 30.61 30.04		
2 Jonathan Cottingham	FR	Palmyra Area High School	6:03.07
31.89 36.07 36.59 37.37 34.94	36.94 36.90 37.11 37.63 37.63		
3 Zach McGonigal	FR	Palmyra Area High School	6:11.60
30.59 36.02 38.66 39.35 35.43	37.13 37.61 38.23 38.96 39.62		
4 Zach Chavey	FR	Northern High School	6:28.97
32.40 36.53 37.93 40.29 37.26	40.02 41.46 40.73 40.71 41.64		
5 Cam Albert	JR	Northern High School	7:04.74
35.54 40.51 42.00 46.69 37.76	43.34 43.96 43.89 46.23 44.82		
6 Jason Langland	SO	Northern High School	8:07.66
40.95 44.97 48.97 48.71 47.12	51.14 51.12 50.92 51.85 51.91		

**Event 17 Girls 200 Yard Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
1 Northern High School	A	1:45.12
1) Caitlynn Weeden SR 26.13 26.90 26.97	2) Rachel Eby JR 25.12	3) Alexa Byers JR 4) Becca Luft SR
2 Palmyra Area High School	A	1:48.27
1) Samantha St. Clair FR 26.74 27.20 27.47	2) Karly Bruce FR 26.86	3) Becky Giordano FR 4) Shealyn Trostle FR
3 Northern High School	B	1:52.08
1) Nicole Andrews FR 27.99 27.64 28.84	2) Morgan Starliper SO 27.61	3) Mary Secord FR 4) Katelyn Boyce FR
4 Palmyra Area High School	B	1:57.15
1) Megan Caton JR 29.65 29.51 28.85	2) Katie Keck JR 29.14	3) Kate Sanborn JR 4) Hannah Strayer FR
5 Palmyra Area High School	C	x2:03.40
1) Ella Herrmann FR 30.33 32.76 30.47	2) Megan Saylor SO 29.84	3) Kacie Wise JR 4) Sydney Rhoades SO
6 Northern High School	C	x2:12.69
1) Caitlin Tern SO 33.81 34.33 32.15	2) Brooke Haines SO 32.40	3) Hayley Keys SO 4) Abbie Burkholder JR

**Event 18 Boys 200 Yard Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
1 Palmyra Area High School	A	1:35.27
1) Ryan James FR 24.25 27.18 27.93	2) Joey Giordano JR 15.91	3) Josh Shoemaker JR 4) Joshua Wakefield JR
2 Northern High School	A	1:44.78
1) Seth Hawkins JR 25.44 28.18 51.16	2) Cam Albert JR	3) Nate Breon JR 4) Ethan Spencer JR
3 Palmyra Area High School	B	1:49.67
1) Austin Durand FR 26.97 27.76 28.57	2) Spencer Cassel FR 26.37	3) Nick Bova FR 4) Brandon Charochak SR

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**Results**

**(Event 18 Boys 200 Yard Freestyle Relay)**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
4 Northern High School	B	1:56.14
1) T J Archuleta SO 28.02 29.66 29.75	2) James Chopka JR 28.71	4) Chris Nase JR
5 Palmyra Area High School	C	x2:01.42
1) Zach McGonigal FR 28.33 31.12 28.60	2) Graham Rhoades FR 33.37	4) Jonathan Cottingham FR
6 Northern High School	C	x2:12.62
1) Blake Rondon JR 34.49 35.71 33.76	2) Luke Baechtle JR 28.66	4) Dustin Hyde SO

**Event 19 Girls 100 Yard Backstroke**

<b>Name</b>	<b>Yr School</b>	<b>Finals Time</b>
1 Larissa MacDougall 31.46 33.55	JR Northern High School	1:05.01
2 Kate Hess 31.05 34.07	SO Palmyra Area High School	1:05.12
3 Shealyn Trostle 32.13 35.47	FR Palmyra Area High School	1:07.60
4 Libby Gingrich 34.21 34.81	SR Northern High School	1:09.02
5 Lauren Eby 34.88 37.35	FR Northern High School	1:12.23
6 Kelsey McConaghy 35.89 39.36	FR Palmyra Area High School	1:15.25

**Event 20 Boys 100 Yard Backstroke**

<b>Name</b>	<b>Yr School</b>	<b>Finals Time</b>
1 Jarod Klinefelter 31.77 34.10	SO Palmyra Area High School	1:05.87
2 Nick Mosby 32.78 35.51	FR Palmyra Area High School	1:08.29
3 Nick Catalano 32.83 35.59	FR Northern High School	1:08.42
4 Zach Chavey 34.43 35.05	FR Northern High School	1:09.48
5 Josh Shoemaker 36.25 42.59	JR Palmyra Area High School	1:18.84
--- Levi Basom	JR Northern High School	DQ

**Event 21 Girls 100 Yard Breaststroke**

<b>Name</b>	<b>Yr School</b>	<b>Finals Time</b>
1 Kate Sanborn 34.66 39.04	JR Palmyra Area High School	1:13.70
2 Katelyn Boyce 36.53 37.71	FR Northern High School	1:14.24
3 Katie Keck 35.43 40.44	JR Palmyra Area High School	1:15.87
4 Nicole Andrews 36.44 41.97	FR Northern High School	1:18.41
5 Abbie Schoenbaum 38.41 44.64	FR Palmyra Area High School	1:23.05

**Palmyra at Northern - 1/8/2016****Seeking Excellence Together****GO BEARS!!!****Results****(Event 21 Girls 100 Yard Breaststroke)**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
6 Kelsey Reyes 40.55 45.01	SR	Northern High School	1:25.56

**Event 22 Boys 100 Yard Breaststroke**

<b>Name</b>	<b>Yr</b>	<b>School</b>	<b>Finals Time</b>
1 Joshua Wakefield 32.43 36.71	JR	Palmyra Area High School	1:09.14
2 Austin Durand 34.30 39.39	FR	Palmyra Area High School	1:13.69
3 Nick Bova 37.54 40.56	FR	Palmyra Area High School	1:18.10
4 Blake Rondon 39.94 47.51	JR	Northern High School	1:27.45
5 Dustin Hyde 40.15 47.37	SO	Northern High School	1:27.52
6 Ben Graham 42.66 47.72	FR	Northern High School	1:30.38

**Event 23 Girls 400 Yard Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
1 Palmyra Area High School 1) Samantha St. Clair FR 27.43 56.71 26.61	A 2) Maddie Wolfe FR 58.54 27.23 57.49 3) Karly Bruce FR 25.60 54.51	3:47.25 4) Ellie Keck FR
2 Northern High School 1) Caitlynn Weeden SR 27.17 56.66 27.30	A 2) Rachel Eby JR 57.57 27.79 1:00.18 3) Alexa Byers JR 53.37 53.27	3:47.68 4) Becca Luft SR
3 Palmyra Area High School 1) Kate Hess SO 28.42 59.84 28.73	B 2) Emily Bliemeister JR 1:01.13 28.75 1:00.84 3) Becky Giordano FR 29.02 1:02.37	4:04.18 4) Abbey Hess SO
4 Northern High School 1) Morgan Starliper SO 30.24 1:02.88 30.57	B 2) Lauren Eby FR 1:04.18 29.96 1:02.62 3) Larissa MacDougall JR 28.89 1:01.46	4:11.14 4) Libby Gingrich SR
5 Palmyra Area High School 1) Kelsey McConaghy FR 33.95 1:10.97 32.98	C 2) Shannon O'Meara 1:15.78 34.99 1:12.85 3) Kaitlin Winter SO 30.52 1:05.16	x4:44.76 4) Sydney Rhoades SO
6 Northern High School 1) Caitlin Tern SO 34.18 1:14.88 36.16	C 2) Morgan Shanahan SO 1:21.90 35.66 1:16.22 3) Hayley Keys SO 34.72 1:11.84	x5:04.84 4) Abbie Burkholder JR

**Event 24 Boys 400 Yard Freestyle Relay**

<b>Team</b>	<b>Relay</b>	<b>Finals Time</b>
1 Palmyra Area High School 1) Teag Culver JR 24.60 51.05 52.17	A 2) Tanner Yaw JR 1:46.30 52.98 1:36.27 3) Ryan James FR 26.37	3:30.34 4) Joshua Wakefield JR
2 Palmyra Area High School 1) Joey Giordano JR 25.97 55.89 26.80	B 2) Jarod Klinefelter SO 57.52 31.63 1:05.81 3) Josh Shoemaker JR 26.03 57.39	3:56.61 4) Nick Mosby FR
3 Northern High School 1) Nate Breon JR 28.63 59.76 32.39	A 2) Zach Chavey FR 1:07.09 28.32 1:00.34 3) Nick Catalano FR 27.26 57.51	4:04.70 4) Levi Basom JR

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**Results**

**(Event 24 Boys 400 Yard Freestyle Relay)**

Team	Relay	Finals Time
4 Palmyra Area High School	C	x4:20.87
1) Graham Rhoades FR	2) Spencer Cassel FR	3) Zach McGonigal FR
33.25 1:08.72 29.43	1:04.97 30.16 1:03.65	29.21 1:03.53
5 Northern High School	B	5:02.46
1) Ben Graham FR	2) Luke Baechtler JR	3) Jason Langland SO
32.65 1:09.13 40.64	1:29.65 37.64 1:17.35	30.64 1:06.33
		4) Cam Albert JR

**Scores - Women**

Women - Team Rankings - Through Event 24

1. Palmyra Area High School	93	2. Northern High School	87
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**Scores - Men**

Men - Team Rankings - Through Event 24

1. Palmyra Area High School	126	2. Northern High School	50
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