

Highlight the following bones on the skeleton that Mr. Oles wants you to focus on.

The Skeletal System: Outline

- I. Functions of the Skeletal System
 - A. Provides shape and support
 - B. Allows movement
 - C. Protects tissues and organs
 - D. Stores minerals and other materials
 - E. Produces blood cells

II. Development of bone

Most bones are formed from cartilage	_
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A. Cartilage Type of connective tissue that is a stiff, jelly-like material. Padding

III. Structure of Bones

Inside _High-strength, low-weight spongy bone or hollow space full of marrow_

Marrow _Contains fat and produces red and white blood cells_

IV. Skeletal Joints

The four types of movable joints are: pivot, hinge, ball-and-socket, and gliding

Pivot joints __Allow rotation of one bone around another, ex: vertebrae__

Ball-and-socket joints __Allow for circular motion, ex: hip and shoulder__

Hinge Joints __Allow for forward and backward movement but little side to side, ex: knee__

Gliding joints __Allow gliding in any direction along the plane of the joint, ex: hands and feet__

V. Connectors?!

Ligaments connect __Bones__ to __Bones__.

Tendons connect Muscles to Bones .

